

TRIP HIGHLIGHTS

- Experience a variety of vibrant indigenous Andean cultures
- Ride the rails in an historic train-car along the ancient Inca Trail
- Explore the famed Lost City of Machu Picchu and the Sun Gate
- Wander the legendary Incan ruins of Sacsayhuaman and Ollantaytambo
- Meander the cobblestone streets and bustling markets of Cusco
- Get off the beaten path while discovering the ancient ways of Amaru villagers and bargain for colorful, hand-woven textiles in colorful Pisac market
- Lunch in a centuries-old hacienda while relaxing in the Sacred Valley

DETAILED ITINERARY

DAY 1 Lima

Upon arrival you'll be met at the airport by a Knowmad Adventures representative and taken to your accommodations. Explore Peru's diverse and delectable cuisine and visit some of the city's many sites and museums on your own or, depending on your time, make a guided exploration of the city or learn to make ceviche a top local chef on a culinary discovery.*

• No meals - Costa del Sol Ramada Airport

DAY 2 Lima - Cusco - Sacred Valley

In the morning, a representative will meet you in the lobby and assist you to your flight out of Lima. After your short flight to the former Incan capital of Cusco where Andean cultures come alive (don't be surprised when the language doesn't sound like Spanish – it is most likely the native Andean tongue Quechua), you'll be met at the airport and taken for a light lunch. Departing for the Incan sites around the town, you'll



visit the fortress Sacsayhuaman and its megalithic stone terraces; Kenko, with its carved stone surfaces and subterranean altars; the Puka Pukara fortress that protected the royal capital from attacks; and the water temple, Tambo Machay.

Driving through the city and into the snow-capped Andean peaks with inspired views you descend past Chinchero village into the Sacred Valley of the Incas where you'll check in to your oasis at Sol y Luna. Take the afternoon to relax in their verdant gardens while acclimatizing to the altitude (the Sacred Valley is lower than Cusco and the perfect place to gradually acclimatize).

B, L - Sol y Luna

DAY 3 Sacred Valley - Urubamba and Pisac

After breakfast you'll head by van along the Sacred Valley past the communities of Calca, Coya, Lamay and Pisac. From here you go completely off the map winding up a small dirt road, which takes you through remote Andean villages until we arrive to the Amaru community. This isolated community holds strongly to their ancient customs and practices a largely subsistence lifestyle on the slopes of the Andes. The Amaru will proudly open their village to you where you will learn of their lifestyle and traditions. Among other things you take part in gathering plants used as natural dyes, learn of their medicinal and culinary properties, and see how the Amaru's world-renowned textiles are woven and brought to life.

Stay for lunch with community leaders or enjoy a picnic amongst the Pisac ruins that sprawl down the mountainside towards town. If still energized, you can enjoy a gentle hike through the extensive Inca terracing down the mountainside, or hop in the van, and arrive to Pisac – one of Peru's largest and most vibrant markets – where you can bargain with Andean campesinos for hand-crafted wares. Return to Sol y Luna for a relaxing evening.

B, L - Sol y Luna

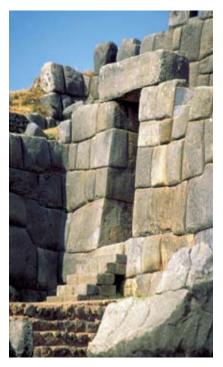
DAY 4 Sacred Valley - Moray and Maras

Heading out early you'll arrive to the massive Inca agricultural terraces of Moray, thought to have been a nursery to experiment with and modify different varieties of crops. From here hike or go by van (depending on your preference, time, and weather) to the little-known village of Maras where pre-Columbian terraced saltpans are still being harvested in the traditional way by villagers. Enjoy a picnic in this surreal setting before a walk down the Andes to the valley floor where you board the train that chugs along the Urubamba River and parts of the Inca Trail towards the Amazon arriving at Machu Picchu Pueblo.

B, L – El Mapi

DAY 5 Machu Picchu

Early risers can revel at the sunrise from the Machu Picchu citadel. This incredibly vast archaeological site - lost to the world until well into the twentieth century – is perched amidst Andean peaks and lush cloud forest making it one of the most breathtaking sights in the world. You'll have the opportunity to get a complete guided tour as you begin to unlock the mystery of the Inca, and also have plenty of time to wander the site on your own. Lunch at the Sanctuary











Lodge adjacent to the ruins means you'll be able to enjoy the whole day without leaving awe-inspiring Machu Picchu. You can also climb the adjacent sacred peak Huayna Picchu for a bird's eye view.

B, L - El Mapi

DAY 6 Machu Picchu - Ollantaytambo - Cusco

Taking the train after breakfast, you'll have time to roam through Ollantaytambo town taking in the ancient ruins towering above. Heading into the valley you'll stop to enjoy lunch at an authentic colonial-era *hacienda* before continuing on and arriving in the early evening to Cusco. Your accommodation is an artfully restored colonial-era mansion surrounding a traditional courtyard with Spanish arches and fountains.

B, L - Aranwa



Enjoy the day at your leisure independently exploring a city where traditional Andean cultures, the colonial Spanish, and modern Peru come together in one of South America's most culturally and visually dynamic cities. Visit Incan architectural jewels such as Korikancha – the temple of the sun, shop at Andean markets, enjoy savory, wide-ranging Peruvian cuisine, and see the colonial cathedrals built atop Incan foundations around the Plaza Central. We can also arrange guided city tours, a culinary exploration with a top local chef, or - for those bursting with energy mountain biking, horseback riding, or even whitewater rafting.*

B – Aranwa

DAY 8 Fly Lima and Return Home

Or with more time, extend your trip with a visit to the Amazon or Lake Titicaca.

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IMPORTANT INFORMATION

2014 COSTS \$2,360 per person (4 or more travelers) / \$2,545 per person (3 travelers) / \$2,905 per person (2 travelers). Additionally, regional airfare is estimated at \$440 (Lima/Cusco & Cusco/Lima—subject to change). Knowmad Adventures is happy to book and issue these tickets for you.

\$980 single supplement – rates quoted are per person, based on sharing double accommodations. If you request single accommodations you are required to pay the single supplement.

WHAT YOUR TRIP COST INCLUDES

Personal pre-departure support Expert leadership & guiding

Accommodations as indicated & based on double-occupancy

Local excursions as indicated

Airport transfers as indicated

Backcountry field arrangements as necessary

All necessary equipment for adventure excursions

Ground transportation and support vehicles

Additional guides and porters as needed

Entrance fees and permits

WHAT YOUR TRIP COST DOES NOT INCLUDE

International and domestic airfare

Visa, passport, departure/arrival and excess baggage fees

Trip insurance (we strongly recommend you obtain trip insurance offered by Knowmad Adventures, including trip cancellation insurance)

Activities listed as optional and/or denoted with asterisk

Meals not indicated in the itinerary

Optional tipping to local guides and staff

Personal items

TYPE Flexible Date Private Departures. You choose the date, your travel companions and one of our adventures. This is great for families, groups of friends and couples.

LIGHT TRIP Suitable for nearly all ages and ability levels. Walks are generally short and on flat terrain. Activities include cultural opportunities, history, train ride, shopping, wildlife viewing, optional hiking.

DEPARTURES Year round; can be set up to match your dates. The Peruvian highlands high season coincides with their dry season from May through October (see weather section below). The low and rainy season can also be a greener and less crowded time to visit. Consult us for more information on the time of year that best suites you.

LENGTH 8 days – 7 nights comfortable hotels

BEGIN | END Lima, Peru

SUMMARY

Discover ancient ruins and vivid indigenous cultures as you journey through the heart of the Andes to the Lost City of Machu Picchu. Get off the beaten path in the Sacred Valley's vibrant traditional villages and markets and return to charming accommodations on your in-depth, relaxing exploration of this powerful and charming region of Peru.

AIR TRAVEL

INTERNATIONAL

Airfare is not included in the land cost of our trips. You may arrange your international airfare independently, or we are happy to offer our feedback and assistance in helping you book it.

REGIONAL

If booked by Knowmad Adventures, internal airfare for this trip (Lima/Cusco, Cusco/Lima) averages \$440, however this is an approximation and the airfare is subject to change upon booking. If you would like to arrange your own regional flights, please consult us prior so we can verify the departure and arrival times.

WEATHER & WHEN TO GO

This trip takes place mostly in the Peruvian highlands. Throughout the year the average temperature is in the mid-50s °F (10-12 °C) and



does not fluctuate greatly. Evenings are cooler. There are primarily two seasons: wet and dry. December through March sees much more precipitation than other times of the year and is the less visited season. As Peru has three distinct climate zones, if you are interested in combining this trip with a visit to the jungle or the coastal areas please inquire for more weather details.

Prior to your departure, we provide you with a detailed pre-trip information packet, which includes a recommended pack list, information about the regions you'll be visiting, suggested readings, and up-to-date health information including any recommended vaccinations.

MONTH	AVG. TEMP.	& RAINFALL	MONTH	AVG. TEMF	. & RAINFALL
January	55°F	5.9"	July	50°F	.1"
February	55°F	4.5"	August	52°F	.3"
March	55°F	3.8"	September	54°F	.9"
April	55°F	1.5"	October	56°F	1.9"
May	53°F	.3"	November	56°F	2.7"
June	50°F	.1"	December	56°F	4.3"

EXTEND YOUR ADVENTURE

AMAZON JUNGLE

Just a short flight from Cusco, spotting troops of monkeys, colorful macaws and countless bird species, giant sloths, caimans, and maybe even a jaguar or puma in the Amazon Jungle is a traveler favorite. We have scoured the jungle lodges of Peru and can advise you on which experience fits you best while guaranteeing the best value.

LAKE TITICACA

Besides being the highest navigable lake in the world, Lake Titicaca is home to diverse traditional cultures including the floating Uros civilization, the Quechua people of Taquile Island, and the Amaru peoples. Come and meet them at the top of the world.

LIMA

Want to spend more time exploring this great city? Besides getting you a great value for hotels and airport transfers, we can line up a fantastic cooking lesson and culinary city tour, full and half day sightseeing adventures, surrounding ruin visits and much more.







IS IT FOR ME?

An itinerary great for all ages that pays special attention to altitude, this trip takes you to the classic Peru highlights while also venturing off the beaten path offering hands-on experiences in indigenous communities, returning afterwards to charming, comfortable accommodations. Knowmad has vast knowledge and operating capacities in Peru; this is a private trip and we are happy to modify excursions, accommodations, and the flow of the itinerary to perfectly suit your travel style and interests.



REFERENCES

Don't take our word for how great our trips are. We'll be happy to provide you with references of satisfied past travelers.

WHAT'S NEXT?

Ready for the trip of a lifetime? Signing up is easy. Call us at 1-877-616-8747 or email travel@knowmadadventures.com and reserve your spot. Or simply download our registration form from www.KnowmadAdventures.com/contact, fill it out, and send it back to us along with your trip deposit.

PLEASE REFER TO REGISTRATION FORM FOR TERMS & CONDITIONS